# Herbs

#### Key

# ○ Full sun● Part sun/part shade

Shade

#### 🖄 Attractive to bees

- Audubon-endorsed
- 💥 Butterfly-friendly
- Y Hummingbird-friendly

#### Attractive foliage

- 🖑 Culinary
- A Edible flowers
- Ground cover
- 😤 Houseplant
- d Medicinal
- Minnesota native
- 🙆 Rock garden
- ✤ Cold-sensitive: keep above 40°F
- (3) Toxic to humans
- Saturday restock



Borage

#### H001 Aloe Vera Aloe vera 🕮

Succulent whose juice is used to treat minor burns, poison ivy, and rashes. Tender perennial. 12–24"h 이 이 순 글 몸 ☞ \$4.00-2.5" pot

#### H002 Ashwagandha Withania somnifera

Greenish white flowers, orange-red fruit on this small shrub. Used in ayurvedic medicine. Not hardy in Minnesota. 36–60"h ○ \$5.00—3.5" pot

#### **Basil** see box, below

#### Bay Laurel Laurus nobilis

#### H023 Borage Borago officinalis 📾

Profuse blue and pink flowers are an attractive and tasty garnish. Excellent for bees. Young leaves are good raw in salads and as cooked greens. Self-seeding annual. 24-36"h  $\bigcirc 0 4$  % % % % % 3.50-3.5" pot

#### H024 Buzz Buttons Acmella oleracea 🖓

Curious, olive-shaped 1" yellow flower clusters on stalks, each with a rust-burgundy "eye" on top. They look like bullseye-painted drumsticks or some very weird eyeball-on-toothpick hors d'oeuvres. Bronze-tinted stems and foliage. Tender perennial from Brazil. Syn. Spilanthes oleracea. 12–15" hby 24–30"  $\oplus \oplus \oplus 33.00-3.5$ " pot \$3.00-3.5" pot

#### H025 Catnip Nepeta cataria 🚙

Leaves are euphoric for cats and mildly sedative for us. Good for salads and tea. Short-lived, self-seeding perennial. 12-36"h by 12"w  $\bigcirc \bigcirc \textcircled{3}$  2.50—2.5" pot

## H026 Chamomile, German 🛲

#### Matricaria recutita

Small white and yellow flowers with an apple scent. Dried flowers are good for tea or added to bath water. Good in arrangements or potpourri. Annual. 12–18"h  $\bigcirc \bigcirc \textcircled{}^{m} = \textcircled{}^{m}$  \$2.50–2.5" pot

## H027 Chamomile, Roman 🖓

Chamaemelum nobile

Gray-green leaves and miniature white daisies. Leaves are thicker than German chamomile. Flowers smell like apples. Originates in northwestern Europe and Northern Ireland. Perennial. 12"h 〇 쓴 ~ 연 역 \$3.50—3.5" pot

#### **Chives** Allium

Tubular leaves, stems, and globe-shaped flowers. Easy to grow and once established lasts for years. Perennial.  $\bigcirc \bigcirc \textcircled{}_{*} \overset{\text{\tiny{(1)}}}{\longrightarrow} \overset{\text{\tiny{(2)}}}{\longrightarrow}$ 

#### \$2.50-2.5" pot:

H028 **Fine Leaf** *A. schoenoprasum #*—Classic with purple flowers in late spring. Mild onion flavor. Divide every few years. 12–24"h ☆ 答



#### Chives continued

#### \$2.50—2.5" pot (continued):

H029 **Garlic** *A. tuberosum @*—Abundant white flowers in late summer, beautiful edible garnish. Flat leaves with fine flavor. Perennial and self-seeds readily. 12–18"h

#### \$3.50—2.5" pot:

H030 **Forescate** *A. schoenoprasum*—Large pink flowers in late spring. Mild onion flavor. Divide every few years. 10–18"h 😤

#### Cilantro Coriandrum sativum

Flowers, leaves, roots, and seeds can all be used to flavor a wide variety of foods, especially Mexican and Asian dishes. Popular in salsa. Native to Iran. Dried seed is coriander. Annual. 12-18"h  $\bigcirc$  -

#### \$3.00—seed packets:

H031 **Santo** (TEW)—55 days leaf, 95 days seed. Good flavor and upright habit for easy harvesting. Can be cut and allowed to regrow for a second harvest. Bolt-resistant. Open-pollinated.

#### \$5.00—6 plants in a pack:

H032 **Cruiser** # -50-55 days. Get a head start on your seed-grown cilantro. Vigorous and extra slow to bolt.

#### H033a Coffee Coffea arabica 🕮

#### H033b Comfrey, Variegated

#### Symphytum × uplandicum Axminster Gold

Bold rosette of long, broad, fuzzy gray-green leaves with wide, irregular lemon yellow margins. Bell-shaped mauve-pink flowers in clusters in June. This variegated perennial does not spread vigorously. Comfrey is a great "green manure" in a permaculture landscape. Deer-resistant. 18"h by 24–48"w ○① & ② \* ③③ \$14.00—5.25" pot

#### H034 Cumin, Black Nigella sativa 🕬

The white petals of its flowers are bluish green near the tip and surround a fancy, spherical fruit capsule in which the seeds develop. Also called black seed. Ground seeds smell like fennel, anise, or nutmeg and taste slightly bitter, spicy, and piquant. Self-seeding annual.  $6-12^{n}$   $\bigcirc$  \$3.00—4 plants in a pack

#### H035 Curry Plant Helichrysum italicum 🛲

Gray foliage and yellow flowers, very fragrant. Use like bay leaves to flavor soups, stews, and marinades, then remove before serving. Essential oils are used in lotions and soaps. Tender perennial. 6–20"h ○① \$4.00—4" pot

#### **Dill** Anethum graveolens

www.FriendsSchoolPlantSale.com

We accept checks, cash, Amex, Visa,

MasterCard, Discover, and Apple Pay

#### \$3.00—seed packets:

H036 **Greensleeves** *A. graveolens* var. *rapaceum*—Bred for its abundant aromatic leaves. Slow to bolt. Compact and good for containers. 45 days for leaves. 24–30"h **Grave** 

#### \$2.50—2.5" pot:

H037 Bouquet @—Prized for pickling. 36"h

#### H038 Epazote Chenopodium ambrosioides 🚌

A pungent herb used in Mexican and South American cooking. Widely used in bean dishes, it is supposed to reduce the after-effects of eating beans. The concentrated oil is a stomach irritant; the cooked leaves are nutritious. Easy-to-grow, self-seeding annual. 36"h  $\bigcirc$   $\textcircled{}^{\text{H}}$   $\textcircled{}^{\text{H}}$   $\textcircled{}^{\text{H}}$ 

#### H039 Fennel, Bronze 🖓

#### Foeniculum vulgare nigra

Attractive, feathery smoky bronze foliage has a mild flavor. Makes a great container plant, too. Self-seeding hardy biennial. 36-48"h  $\bigcirc$   $\cong$ 

#### \$5.00—6 plants in a pack

#### Fennel, Bulbing Foeniculum

Sweet, anise flavor. Bulbous base can be cooked as a vegetable. Leaves and seeds are used to flavor soups, salads, sauces, fish, and even cookies. Swallowtail butterfly caterpillars love eating its dark green fronds. Hardy biennial. Separate multiple stems when planting so the bulbs are not crowded. Or the second se

#### \$2.50—2.5" pot:

H040 **Florence** *F. vulgare azoricum #*—80–85 days. 24–48"h

#### \$5.00—6 plants in a pack:

H041 **Perfection** @—Mild flavor. Bolt-resistant. 20–24"h

#### Geranium, Scented Pelargonium

Colorful flowers and delicious fragrances. Plant where you can touch it. Drought- and heat-tolerant. Tender perennial you can bring indoors for winter; grows well in containers.  $\bigcirc \& \textcircled{}$ 

#### \$6.00—4" pot:

- H042 **Attar of Roses** @—Rose-scented leaves and pale pink flowers. Trailing. 12–36"h 볼
- H043 **Lady Plymouth** 綱—The scent of the crinkly green and white variegated leaves is variously described as rose, citrus, and eucalyptus. You'll have to smell it for yourself. Clusters of pale pink flowers with purple markings. 12–24"h 泰答
- H044 **Lemona #**—Zesty, citrusy fragrance and pale pink flowers. 14–18"h by 20–30"w 총볼
- H045 **Mosquito Plant** @—Moderate lemon fragrance. Small pinkish lavender flowers with two petals marked with magenta. Also known as citronella. 24–36"h 答

# Basil Ocimum basilicum ○♣₩₩₩₩₩

Great for tea, pesto, salads, and dressings. Remove flowers for best-tasting leaves, or keep them to feed the bees and butterflies. These annual plants are native to sunny, warm Mediterranean climates and will not withstand frost. Water regularly and provide good drainage. Don't plant outdoors until late May.

Classic sweetness and aroma, ideal for pesto, and bred at Rutgers University to be downy mildew-resistant (DMR). 24–36"h \$3.00—4 plants in a pack H004 Sweet Genovese, Aroma 🕮 — Classic sweetness and aroma, ideal for pesto, and also Fusarium-resistant. Boltresistant, with 3" leaves that hold well in storage. 20-24"h Organic \$3.00-3.5" pot H005 Sweet Genovese, Prospera Red (E) -Dense and slow to bolt with 3–4" strongly cupped dark purple leaves. DMR plus Fusarium-resistant. \$3.00—3.5" pot H006 Sweet Genovese, Prospera Compact Dense and slow to bolt with 3–4" strongly cupped leaves. DMR plus Fusarium-resistant. 16–18"h \$5.00—6 plants in a pack

# \$3.00—4 plants in a pack: H007 Thai Magic —Late-blooming with large leaves. Popular in Asian cooking. Purple bracts and magenta flowers.

\$3.00—3.5" pot:

H010 **African Blue** O. basilicum × kilimandscharicum —Showy purple flowers on vigorous, bushy plants with purple-

#### \$3.00—4 plants in a pack:

H014 **Holy** *O. sanctum* —Traditional religious and medicinal significance in South Asia. Purple flowers. Takes part shade. 18"h

**What's a bract?** It's not a petal or a leaf, but another part of a plant that's sometimes showier than the flower, and that's when we mention it. Here's a helpful article about bracts: <a href="https://www.bit.ly/2mullje">www.bit.ly/2mullje</a>

18–22"h

H008 **Thai, Siam Queen** —Huge green leaves contrast nicely with sturdy purple stems. Purple bracts and magenta flowers. Outstanding fragrance and flavor: sweet and spicy with anise overtones. Used in Asian cooking. 28–40"h

#### \$4.00—4" pot:

H009 **Organic Thai** -Purple stems and bracts with magenta flowers. 2" green leaves. 16–20"h Organe



tinged leaves. 36"h 🎕

- H011 Cardinal —Ornamental enough for your flower garden, but still tasty.
   Burgundy stems and showy deep redpurple bracts. Spicy fragrance.
   24–30"h %
- H012 **Mrihani** Spicy, ruffled leaves with undertones of anise and fennel. From Zanzibar ("mrihani" means "sweet basil" in Swahili). Resistant to downy mildew. 18"h
- H013 **Cinnamon** Dark purple flowers and purple stems. Sharp cinnamon fragrance. Finest tea basil, good in fruit salads. 12–24"h

#### **BASIL PLANTING TIP:**

It is a good idea to vary the location where you plant your basil each year. Basil is susceptible to fungal diseases that accumulate in soil over time. Rotate your crops!

- H015 **Lemon** Delicious small-leaf variety combines flavors of lemon and basil. 12–24"h
- H016 **Mammoth** Very large ruffled leaves, especially suitable for drying or stuffing. Familiar sweet basil flavor. 12–24"h
- H017 **Minette** -Delicious, eye-catching basil creating spheres of bright green that stay compact and uniform. Perfect for edging, miniature knot gardens, or in containers. 10"h
- H018 **Napoletano** Heirloom variety from Italy with light green crinkled leaves. 36"h
- H019 **Spicy Globe** The "good basil" of French cuisine. Very short with small leaves, making it a sweet edging plant. 12"h

\$3.00—4 plants in a pack:
H020 Mixed four-pack ֎─One each of Sweet Genovese, Lemon, Spicy Globe, and Thai Siam Queen.

# Herbs

#### H046 Ginger, Culinary 🛲 Zingiber officinale Bubba Baba

Best known for the spice that is produced from the grated, chopped, or powdered root of the plant. Harvest when the narrow leaves and the stalk wither, but before frost. Prefers heat, humidity, filtered sunlight, and rich, moist soil (not water-logged). Tender perennial that can be over-wintered indoors. 24-48"h \$9.00—5.25" pot 

#### H047 Henna, White-Flowering Lawsonia inermis

Clusters of fragrant small white flowers have a roselike aroma. Small evergreen tree whose lance-shaped leaves produce the orange dye used as a coloring for skin, nails, hair, and textiles. Used in India and the Middle East for thousands of years, henna is of great importance in Islamic, Buddhist, and Hindu ceremonies, especially weddings, where the bride and her female guests may decorate their hands and feet with intricate patterns. Native to semi-arid and tropical areas of Asia and northern Africa, where it grows to 24'. Here, it is best grown in a pot and brought inside to a sunny window when temperatures fall much below 60°F. ○● 🚽 🕊 \$12.00-5" pot

#### H048 Horseradish Armoracia rusticana

Spicy root used as a condiment. Provide rich soil for the most pungent roots. Does best planted in the ground; in a smaller garden you might want to contain it by planting in a pot or tub buried in the ground. Perennial. 36"h ○ € 🖑 – \$4.00—bareroot

#### H049 Indigo, Japanese 🕮 🕀 Polygonum tinctorium

Tiny pink flower sprays bloom late summer-fall, but grown for its indigo dye-producing leaves. Yellow and green dyes can also be made depending on method. Main source of indigo in East Asia before the more concentrated indigo of the Indigofera species began to be imported from South Asia. Suited for temperate climates, it likes fertile soil, heat, humidity, and lots of water. Not hardy in Minnesota. 24-36"h 〇 d

\$6.00—6 plants in a pack

#### **Lavender** see box at right

#### **Lemon Balm** Melissa officinalis

Small white tubular flowers in late summer. Makes a refreshing iced tea or seasoning in breads and desserts. Prefers part shade. Mulch for winter protection. 24"h ○❶為Ӛ-₫

#### \$2.50-2.5" pot:

H066 Lemon Balm @—Strong lemon scent and flavor. Self-seeding perennial.

#### \$3.00—3.5" pot:

H067 Orange Mandarina @ Orange-scented leaves. Mounding to spreading perennial.

#### H068 Lemon Grass Cymbopogon citratus 🕬

Leaves and stalks are used in Asian cooking and in teas. Many medicinal and culinary uses. It is frosttender and could spend the winter in a sunny window. Best in a container. 36–60"h 🔾 🖑 😤 🚱

#### \$3.00-3.5" pot H069 Lemon Mint Monarda citriodora 🚙

Lemon-scented leaves are delicious and often used in teas. Showy, tiered pinkish purple flowers are longlasting in fresh bouquets and dry nicely. Native to Appalachia. Annual. 24–36"h ○ ● 🎄 🖑 – 🌮

\$3.00-3.5" pot H070 Lemon Verbena Aloysia triphylla 🕬 Wonderfully fragrant lemony herb, used with chicken and fish, in dressings, and as tea. Light green pointed leaves. Great for topiaries. A tender perennial that can be potted and wintered inside. 36"h 🔿 🖑 🠇 \$3.50—3.5" pot

#### H073 Marjoram, Sweet 🛲 Origanum majorana

A mild, sweet oregano relative. Used in vinegars, soups, and dressings. Add fresh leaves to salads. Good herbal bath. Treat as an annual. 18"h ○● 🏶 💥 🖑-\$2.50-2.5" pot

#### H074 Marshmallow Althaea officinalis 🖓

Native to Europe, the leaves and roots of this reliable medicinal and edible plant have been used for centuries. Beautiful in the garden with white to light pink flowers, it thrives in moderately fertile, well-drained soil. Perennial. 36–72"h ○ ① — ⊕ \$3.00—3.5" pot

#### **Mint** Mentha

Aromatic and easy. Good for tea and potpourri. The flowers attract butterflies; however, the flavor changes once flowers appear. Spreads, in some cases aggressively. ○●♣∰-₽

#### \$2.50-2.5" pot:

H075 **Peppermint** M. × piperita Refreshing tea, iced or hot. Good in fruit salads. Easily dried for year-round use. Perennial. 24"h

#### \$3.00-2.5" pot:

H076 Thai M. arvensis—Important herb in Thai cuisine with a flavor like spearmint. Dark red stems. Perennial. 18"h

#### \$3.00—3.5" pot:

- H077 Berries and Cream @—Mild, with a fruity aroma. May be perennial. 18-24"h
- H078 Corsican M. requienii Creeper, good in rock gardens, miniature gardens, and along paths. Tolerates light foot traffic. May be perennial. 1"h
- H079 Ginger -Spicy ginger-scented mint with green leaves striped with gold. May be perennial. 18–24"h
- H080 Hillary's Sweet Lemon III #-Sweet and fruity flavor, bred from a cross of apple and lime mints. Spiky lavender flowers. Developed by amateur hybridizer Jim Westerfield in rural Illinois, and named for Hillary Clinton. Treat as an annual. 12–18"h
- H081 Jessica's Sweet Pear -Leaves have a pear-like scent and sweeter taste. Pink flowers. Upright plants without runners. May be perennial. 12–20"h 🕷
- H082 Margarita @—Lime-scented leaves with bronzed edges and small lilac purple flowers midsummer. Perennial that spreads by runners, not rhizomes. Excellent in margaritas, mixed drinks, and as a garnish. 6–12"h by 18–24"w 🕱
- H083 Mojito M. × villosa -You could use spearmint in your Cuban mojito, but this is the real deal. The flavor is mild and warm, rather than pungent and sweet. Treat as an annual. 18-24"h
- H084 Spearmint, Moroccan M. spicata 🛲 Potent, sweet spearmint flavor. Combine leaves with green tea and sugar to make Moroccan tea. Also delicious in vegetable dishes, sauces, and jellies. Compact plant suited to containers. Prefers dappled shade. Perennial. 24"h 💥

#### \$3.50-2.5" pot:

- H085 **Candymint** M. × *piperita*—Large, toothed leaves with reddish stems. An ideal culinary herb to flavor foods like jellies, candy, meats, salads, soups, and beverages. Most commonly used in chewing gum, mouthwash, toothpastes, and medicines. Perennial. 12–18"h
- H086 **Chocolate** M. × *piperita*—Bronzy foliage with a chocolate scent. Perennial. 24"h
- H087 Grapefruit M. aquatica citrata—Large puckered leaves with the scent of grapefruit. Perennial. 18"h

Plant widths are similar to their heights unless noted otherwise.

#### **Oregano** Origanum

Essential for Italian and Greek cooking. Leaves can be used fresh or dried in tomato sauces, soups, meat, fish, and salads.  $\bigcirc \bigcirc \bigstar \boxtimes \textcircled{}^{+}$ 

#### \$3.00—3.5" pot:

- H092 Dwarf O. microphyllum @—Purple flowers emerge above a low mat of leaves on wiry brown stems. Theresa Mieseler of Shady Acres Herb Farm says this variety grows wild in Crete and is one of the ingredients in Cretan mountain tea. May be perennial here. 10-12"h
- H093 Greek O. vulgare hirtum The most flavorful oregano, according to herb aficionados. Perennial. 12-36"h Organic
- H094 Hilltop O. vulgare 🛲—Hybrid combining the best of spicy oregano and sweet marjoram. May be perennial here. 18"h
- H095 Hot and Spicy O. vulgare 🕮—Strong flavor. May be perennial here. 18–24"h 🚽

#### H096 Oregano, Cuban Plectranthus amboinicus

Succulent, aromatic, fuzzy leaves. Drought-tolerant. Used in many parts of the world, including the Caribbean, Africa, Asia, and South America in soups, stews, salads, beans, and meat dishes. Oreganoscented. Treat as an annual or over-winter indoors. 12–18"h ○ € 🖑 – 😤 \$3.50-2.5" pot

#### **Parsley, Curly** *Petroselinum crispum*

Quintessential garnish, chock-full of vitamins. Can be chewed to freshen breath (not just for humans; add it to your dog's food, too). You can dig one up in the fall and pot it for fresh greens in the winter. Larval food for swallowtail butterflies. Biennial. 12"h ○ € ₩ 🖑-

H097 # \$3.00-3.5" pot Organic H098 # \$3.00—4 plants in a pack







# Lavender Lavandula O& - & -

Upright spikes of small flowers. Very fragrant and dries beautifully for potpourri. Can be added to sugar, shortbread, or lemonade. A tender perennial from southern Europe. Very few varieties are fully hardy in Minnesota, but can be wintered indoors or treated as an annual. Needs excellent drainage to survive the winter. Reblooms with regular deadheading. Deer- and rabbit-resistant.

- H050 Big Time Blue L. angustifolia @—Early-blooming with large purplish blue flowers. 24"h \$3.00—3.5" pot
- H051 **Cynthia Johnson** *L. angustifolia* Silvery foliage with bluish purple flowers. Cynthia and Scott Johnson of Maple Grove spent 23 years developing a lavender that would survive Minnesota winters. Further developed and introduced by Brigitte and Harvey Buchite, until recently of Hidden Springs Flower Farm in Spring Grove. 24"h \$5.00—3.5" pot
- H052 **French Fringed** *L. dentata* Tiny purple flowers with lavender bracts in 2" spikes. Bushy gray-green leaves with edges that are scalloped with little rounded teeth. Good for shaping into topiary. Tolerates more humidity than most. 24–36"h 💥 \$3.00—3.5" pot
- H053 La Diva Papillon Deep Rose L. stoechas 💷 🖓—Deep magenta flowers with bright pink bracts. Blooms early and continues all summer. Great at the front of the garden. Not hardy here. 12–18"h 🕱 \$3.00—3.5" pot
- H054 Lady L. angustifolia 🛲—Smells good in the garden and in sachets and potpourris. 8-10"h \$2.50-2.5" pot
- H055 Meerlo -Leaves have wide pale yellow margins. Lavender flowers \$3.00—3.5" pot with classic fragrance. 24-36"h 💥
- H056 **Munstead** *L. angustifolia* English lavender. Excellent low-growing variety for lining a path or garden bed. A somewhat hardy lavender in our climate. 12–18"h \$3.00—3.5" pot



#### H071 Madder Rubia tinctorum

Foliage resembles woodruff or bedstraw. Long stems may need support. Roots used by ancient Egyptians, Greeks, and Romans for bright red textile dye. In its native Mediterranean region, madder is a perennial, but in Minnesota it needs to be grown in large pots to be brought indoors during the winter. Roots should have at least three years to grow to pencil-thickness before harvesting. 36–48"h ○ 🚱 \$6.00—4.5" pot

#### H072 Magenta Plant 🛲 Dicliptera tinctoria

Native to Southeast Asia's humid lowlands, this lush tropical plant has small pink to magenta two-petaled flowers and a lot of magenta dye hidden in its green leaves. Extracted from the leaves by boiling, the flavorless dye is used to color food, particularly Vietnamese taro-filled cakes and glutinous rice desserts. Does best in moist, fertile, well-drained soil. Roots easily from cuttings without rooting hormone. Treat as an annual here. 12–36"h ○ ① 🖑 – \$3.00—3.5" pot H088 Lime M. aquatica citrata—Bright green leaves with a strong lime scent and flavor. Try this in your favorite salsa recipe or toss in your next margarita. May be perennial. 24"h

\$3.50-2.5" pot:

H089 Spearmint, Kentucky Colonel M. spicata— Ruffled 3" leaves with a sweet, strong spearmint fragrance and taste. Spikes of small lilac to pink to white flowers in summer. Used in the official mint juleps of the Kentucky Derby. Perennial. 12-24"h

#### \$3.50—3.5" pot:

H090 Orange M. aquatica citrata @—Dark green, round leaves tinged with purple. Purple flowers. Lemon scent when crushed, and slight orange flavor. Makes good tea. Perennial. 24"h

#### H091 Mixed Herbs 🔊

Chives, Oregano, Sage, and Thyme Classic cooking companions.  $\bigcirc$ 

\$3.00—4 plants in a pack

- H057 **Phenomenal** *L*. × *intermedia* Silvery, aromatic foliage with bluepurple flowers. Said to over-winter outdoors in our area. Endures hot, humid conditions better than most. Grows in an even mound. 24-36"h \$3.00—3.5" pot
- H058 **Platinum Blonde** -Bluish lavender flower spikes and eye-catching greenish gray leaves with a cream margin. 12–18"h \$4.00—3.5" pot
- H059 **Sensational** *L*. × *intermedia* Silvery blue foliage topped with longblooming 4" deep purple flowers. Scent is low in camphor. 24-30"h 💥 \$3.00—3.5" pot
- H060 Silver Mist L. angustifolia 🚚—Perhaps the most silver foliage of any lavender. Purple flowers in midsummer, one to two weeks later than most lavenders. May be perennial here. 16-20"h \$3.00—3.5" pot
- H061 Spanish, Madrid Purple L. stoechas -Bright purple with bracts or "bunny ears" in shades of lilac. 18–24"h \$4.00—3.5" pot
- H062 Spanish, Madrid Rose L. stoechas -Short flower stalks topped with lavender-pink bracts with dark purple flowers. Silver-green foliage. \$4.00-3.5" pot 18–24"h
- H063 **Spanish, Primavera** *L. stoechas* -Red-violet bracts above the purple spikes of flowers. Blooms all summer. 16–18"h 🐨 🔪 \$3.00—3.5" pot
- H064 **SuperBlue** *L. angustifolia* -Blue-violet flowers and gray-green foliage. Compact, suitable for edging. 12"h 🕷 🍸 \$3.00—3.5" pot
- H065 **Sweet** *L*. × *heterophylla* One of the tallest lavenders, very productive and fragrant. Sturdy, straight stems. 36-48"h \$3.00—3.5" pot

# Herbs

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#### ○ Full sun ● Part sun/part shade

Shade

### Attractive to bees

- Audubon-endorsed
- W Butterfly-friendly
- Y Hummingbird-friendly
- 💐 Attractive foliage
- **<sup>™</sup>**− Culinary
- A Edible flowers
- 🕃 Ground cover
- 😤 Houseplant
- 🚽 Medicinal
- ☑ Minnesota native
- 🙆 Rock garden
- Cold-sensitive: keep above 40°F
- Toxic to humans 🕮 Saturday restock
- - Turmeric

#### Parsley, Italian Petroselinum hortense

Same as curly parsley, but with flat leaves. Larval food for swallowtail butterflies. Biennial. 12–18"h OOW -H099 # \$3.00-3.5" pot Organic H100 # \$3.00-4 plants in a pack

### HIOI Parsley, Japanese 🖓

Cryptotaenia japonica Mitsuba

Purple-bronze stems with heart-shaped leaves, small white flowers midsummer. Flavor is a mix of celery, parsley, and cilantro. All parts of the plant are edible, use the leaves for garnish or cook the leaves and roots as a vegetable. Excellent for microgreens. Reseeding perennial; deadhead to prevent spread. 18-24"h by 8"w €∰-© \$3.00-3.5" pot

H102 Patchouli Pogostemon heyneanus 🕬 Tropical native of the East Indies. Used for the fragrance of the dried leaves. Tender perennial. 12"h 🔾 🚱 \$3.00—3.5" pot

H103 Pepper Vine, Black Piper nigrum The source of the ubiquitous spice of the same name. A tropical vine with broad, shiny leaves and long drooping clusters of small white flowers. Fruits turn from green to red. Under ideal conditions it can grow up to 30' tall. Makes a good container plant to over-winter indoors, since it stops growing when temperatures drop below 65°F and is killed by frost. Loves heat and humidity. Takes two-four years to produce flowers and set fruit (peppercorns). 10–15'h 🕼 \$18.00-4" pot

#### H104 Roselle Hibiscus sabdariffa 🛲

Native to West Africa and grown for the plump red coverings around its seedpods. As days shorten, the plant produces 3" white to pale yellow flowers with dark red centers. After the seedpods start to form,

harvest the pod coverings (remove the seedpods inside) and use them to make a refreshingly zingy tea. Seedpod coverings are also used to make jam, cranberry-like sauces, and many other foods worldwide. The growing tips and leaves are a tangy addition to salads, stir-fries, and soups. Because of our short growing season, you may need to bring the plant inside for the seedpod coverings to ripen completely. We're not sure if this tender perennial can be over-wintered indoors or not. 48-84"h ◯券崎╩−₫ \$3.00—3.5" pot

#### **Rosemary** Salvia rosmarinus

Enhances many meat and vegetable dishes, vinegars, and dressings. Use for a refreshing bath or hair rinse. Likes poor soil and hot sun. Small deep blue-lavender flowers in winter to early spring. Suitable for bonsai. Deer-resistant. To over-winter this tender shrub indoors, keep it potted during the summer and place in a south or west window in fall. Do not over-water. 〇畵 🖑 🚽

#### \$3.00—3.5" pot:

- H105 **Barbeque** Upright, perfect for topiary and making barbeque skewers. Small pale blue flowers from mid- to late spring. Large needles. 24-48"h
- HI06 Gorizia @—Robust with white-backed leaves. Flowers are lighter lavender-blue. 48"h 107 Shady Acres 🖓—Upright plant with 1" dark
- green leaves, introduced in 1999 by Theresa Mieseler of Shady Acres Herb Farm in Chaska. Pinch to encourage branching. 48"h
- H108 Spice Island 🛲—Pungently flavored. Upright habit. Good for topiaries. 24-36"h
- HI09 Tuscan Blue 🖏—Upright plant with slightly glossy foliage. 36"h

#### \$3.50-2.5" pot:

HIIO Golden Rain—Young foliage is yellow-green on a

#### Sage Salvia officinalis

Used in poultry stuffing, sausage, salads, egg dishes, breads, and vegetable dishes. Also used to freshen breath. Spread the dried leaves among linens to discourage insects. Excellent as a potted summer herb; over-winter inside in a sunny window or under lights. Deer- and rabbit-resistant. Drought-tolerant. Perennial, but not reliable here. 🔿 🌋 🕷 🖑 🚽

#### \$3.00-3.5" pot:

- H113 Berggarten -Broad leaves with silver accents. ornamental. Good flavor. 18"h
- HI14 Icterina -Gold and green foliage. Compact and decorative, great for containers. 12-15"h
- H115 Tricolor -Green, pink, and white foliage. 15"h
- \$3.50—3.5" pot:
  - HII6 Purple -Purple-tinged leaves and bluish purple flowers, lovely in containers. 24-36"h

#### Sage, Pineapple Salvia elegans

Sweet pineapple scent and yellow-green foliage. Use fresh in fruit salads and other foods; dried for tea and potpourri. Tender perennial, not hardy here. O \$3.00-3.5" pot:

HII7 Honey Melon -Edible, tubular red flowers begin blooming in early summer. Foliage has been described as smelling like melon, tangerine, anise, or pineapple. 24"h 🕸 🖌 🌮

#### \$7.00—5.25" pot:

HII8 Rockin' Golden Delicious @—Fragrant brilliant chartreuse foliage. Red flowers in very late fall, but the foliage is wonderful even without flowers. 24–48"h

#### H119 Sage, White Salvia apiana 🔊

Used as incense. A tender perennial that can be overwintered indoors, it can take up to three years to reach mature size at which point it has aromatic white flowers. Also called bee sage. 24-48"h 〇 🛎 🖑 🖻 \$3.00—3.5" pot

#### **Savory** Satureja

Aromatic leaves are used in sauces, stuffings, and bean dishes. Also makes a good tea. ○● ♣ —

#### \$2.50—2.5" pot:

HI20 Winter S. montana B-Peppery leaves favored especially in North Africa. Perennial that becomes woody. 18"h

#### \$3.00—3.5" pot:

HI2I **Lemon** *S. biflora* -Small leaves have a clean lemon scent. Complements fish, chicken, and vegetable dishes. Annual. 12"h

#### H122 Self-Heal Prunella vulgaris 🛲

Charming violet flowers all summer. Part of the bee lawn mixes that are increasingly popular. Perennial and native member of the mint family. Will seed in a natural lawn. Horticultural seed source. 8"h ○●♣♣₫ î \$2.50-2.5" pot

#### Shiso Perilla

Aromatic leaves with crimped edges are used in Asian cuisines in sushi, spring rolls, sauces, salads, and stir fries. Self-seeding annual. 🔿 🕀 💥 🖑 - 🚱

#### \$3.00—3.5" pot:

- HI23 Green P. frutescens 🖓 Green. 24–36"h
- H124 **Red** *P. frutescens crispa* -Cinnamon-scented with ornamental, ruffled purplish red leaves. 24-36"h 🖲
- H125 Vietnamese, Tia To P. frutescens The taste of this green and purple shiso is variously described as mint-basil, curry-like, and a combination of cumin, cilantro, and parsley with a hint of cinnamon. Try it for yourself! 18–24"h 🎕

#### Thyme Thymus

Easy-to-grow, bushy perennial with small leaves. Good in a summer pot. Ornamental as well as culinary and makes a soothing tea. 〇本冠끈-립스

#### \$3.00—3.5" pot:

- HI31 English T. vulgaris 🕮 10"h Organic
- H132 French T. vulgaris 🕮 10"h
- H133 **Lemon** *T. citriodorus* -Lemon scent. 12"h
- H134 **Lime** *T. citriodorus* A Pink flowers, citrus scent. 6–12"h
- HI35 **Rose III a**—The aroma is a combination of old-fashioned rose and spicy thyme. May survive our winter. 6–12"h
- H136 Sparkling Bright (III) @—Variegated green and white foliage with pink flowers. Not hardy in Minnesota. 4-8"h
- See more THYME, pages 40 and 41

#### HI37 **Turmeric** Curcuma domestica

Upright, fragrant bright green leaves. This relative of ginger has orange rhizomes, which are the source of the orange-yellow spice often used in curries. Harvest the root in fall. Leaves can be used as a green vegetable. Not winter hardy in Minnesota; grow as an annual or bring inside to winter as dry pot. 24-36"h \$9.00-5.25" pot

#### HI38 Vanilla Grass Anthoxanthum odoratum

Great for potpourri. A European bunchgrass that will establish readily in areas of poor fertility. The scent of this grass made it popular as bedding straw. Widely naturalized in North America. Perennial and spreading. 12–24"h ⊖ \$3.00—2.5" pot

#### H139 Vietnamese Balm Elsholtzia ciliata

In Vietnamese cuisine, this lemony herb is called "rau kinh gioi" and is among the leafy herbs served with soups and grilled meats. Pale purple flowers bloom in flat spikes in fall. Spreads by both seed and rhizomes. Treat as an annual. 24"h 🔾 🖑 – \$3.00—3.5" pot

#### HI40 Vietnamese Coriander 🕬 Persicaria odorata

The leaf is dark green with a maroon "V" and has a strong cilantro-like fragrance and a slightly peppery taste. It's eaten fresh in Vietnamese cuisine for salads and raw summer rolls, as well as in some soups and stews. Moist soil. Tender perennial; won't go to seed quickly like cilantro. Also called "rau ram." 24-36"h \$3.00-3.5" pot ●● ∰- ⊮

#### HI4I Weld Reseda luteola 🕮 💵

Traditional European source of color-fast bright yellow dyes. The biennial plant forms a low rosette of leaves the first year, then sends up a tall stalk with fragrant yellow-green flowers the second year. Often planted around outhouses where its powerfully sweet aroma masked other odors. Harvest the entire plant as flowers fade for the dye. Can be combined with woad or indigo to produce green dye and madder to produce 

#### H142 Woad Isatis tinctoria 🖓 💵

Traditional and only source of lightfast blue dye in Europe before indigo began to be imported. Harvest its best dye-producing leaves during the plant's first year when it forms a leafy rosette close to the ground. A biennial or short-lived perennial, it will send up a flower spike in its second year, bloom, and produce numerous seeds. The 36-60" taproot makes the plant hard to eradicate once established. Considered a noxious weed in several western states, so remove the plant before its first winter and before it sets seed.

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nice upright plant. Dark violet flowers. 6-24"h \$3.50—3.5" pot:

HIII Creeping -Low growing and sprawling. 6"h 😤

\$11.00—1 gal. pot: HI12 Get a head start @—An upright, more mature plant in a large pot. 12"h

# USDA DRGANI



very one of the plants in the Herbs section is grown without chemical pesticides or herbicides, and from greenhouses operated with sustainable practices. We also carry a more limited line of certified-organic herbs, marked with our organic icon. Some Organic are seeds. At customer request, here's a summary of those:

| Basil      |
|------------|
| H004 Sweet |
| Genovese,  |
| Aroma      |
| H009 Thai  |

Other herbs H031 Cilantro H036 Dill, Greensleeves

H093 Oregano, Greek H097 Parsley, Curly H099 Parsley, Italian H131 Thyme, English

#### H126 Sorrel, Common Rumex acetosa 🖓

Early-season greens with tangy lemon flavor. Longlived perennial that can sustain frequent and severe cutting. Great in creamy soups and salads as well as egg, fish, or potato dishes. Mildly toxic if eaten in large quantities. 24"h 🔿 💥 🖑 🕾 \$2.50-2.5" pot

#### H128 Stevia Stevia rebaudiana 🖓

Sweeter than sugar! The South American herb used as a sugar replacement. Treat as an annual. 12"h \$3.50-3.5" pot ◯❶∰-⊮

### H129 Tarragon, French 🛲

#### Artemisia dracunculus

Strongly licorice-flavored herb. Great for flavored vinegar or used fresh with chicken, carrots, and omelettes. Perennial, but can be potted in late fall for winter windowsill use. 36"h 🔾 🐇 🗁 🚽 \$3.50-3.5" pot

#### H130 Tarragon, Mexican Tagetes lucida 🖓

With the sweetness of licorice, this handsome tender perennial is like a milder French tarragon. Treat as an annual. It won't self-seed in Minnesota. 36"h ◯券ℋ⊕ーዏ \$3.00-3.5" pot

#### 12–36"h 〇 글 \$6.00—6 plants in a pack

#### H143 **Yerba Mate** Ilex paraguariensis

Grown for its glossy leaves, which are dried to make yerba mate, the most common tea in South America. Slow-growing broadleaf evergreen tree to 50' in its native Central and South America, but even 12' is optimistic in Minnesota. Bring indoors well before winter and grow on a sunny windowsill in a warm (above 60°F), humid environment. 12'h ⊖ <u>-</u> **\* 13.00 4 "** *pot* 

## **BYO Crates, Boxes, Bins** Enter to win prizes\*----1 free ticket for each container

See a Welcome Ambassador or visit the Zero Waste Tent in the Garden Fair to enter. \*Details on page 29

